

# The Light Of Winter Stars

MEA Winter Professional Learning Webinar Series 2022

In many ways, some figurative and some literal, this winter is the darkest time of the year. As educators, we are the source of light illuminating the present and future for our students. Join us as we explore topics that help us nurture that light for ourselves, as well as for the students and communities we serve.



**Jan 18**

6-7:30pm  
1.5 SCECH

Grant Writing  
For Arts  
Educators

Grant writing is an excellent way to make a significant change to your teaching environment, but it can sometimes feel overwhelming to pursue. Together we will explore some basic tips that will help make developing this skill feel much easier.

*Facilitator: Ashleigh Lore, MI*

**Jan 19**

6-7:30pm  
1.5 SCECH

Culturally  
Responsive  
Instruction  
with Music  
& Movement

What does the future hold for our nation's youth? What do educators envision for students emerging from schools? We should see our students not only as readers, writers, authors, scientists, and mathematicians, but also as artists, athletes, and musicians! In this session, participants will explore developmentally appropriate practices across multiple curricular areas, all through a culturally responsive lens.

*Facilitators: Amy Sierzega, MI / Lori Greenfield, KS*

**Jan 20**

4-5:30pm  
1.5 SCECH

Returning To  
The Classroom:  
Managing the  
Anxiety and  
Change

The coronavirus has caused significant disruption. For teachers, it has caused substantial changes in their personal and professional life. This webinar focuses on the challenges teachers face upon returning to school, as well as the safety of staff and students. Learn how you can better understand the change process and practice a strategy to best deal with stress and anxiety.

*Facilitator: Dr. Keith Levick, Goren and Associates*

**Jan 26**

6-7:30pm  
1.5 SCECH

Self-Care:  
How to Address  
and Survive  
the Daily Life  
Stressors

Self-care is often the first thing that gets ignored when life becomes stressful. Taking care of yourself will help you to better care for those you teach. This webinar will help you define and better understand the importance of self-care and become a self-care advocate for yourself and others.

*Facilitators: Judith B. O'Loughlin, CA / Brenda Custudio, OH*

**Jan 27**

6-7:30pm  
1.5 SCECH

Teach4Endurance:  
The Warm Up  
Session

Teach4Endurance: The Warm Up Session is exactly what it sounds like. It is a warm up to get yourself ready for an upcoming challenge (i.e. academic school year). This session focuses on 'purpose' and 'clarity'. Unfortunately, too many teachers are thrown into the water without the proper support or a proper game plan. For many this can spell disaster.

*Facilitator: Brian Dalton, MI*

**Feb 1**

6-7:30pm  
1.5 SCECH

Schoology:  
Optimizing your  
Course  
Organization for  
Student Success

Feeling whiplash as we move from remote to in-person, and back to remote? So our your students! One of the key skills an educator can acquire is how to optimize their class and workflow insuring student learning by creating consistent structure. Learn how to do this using the Schoology LMS (Learning Management System).

*Facilitator: Kathleen Ader, MI*

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**Feb 2**

6-7:30pm  
1.5 SCECH

Assessing for Learning: Connecting SEL and the Formative Assessment Process.

Assessment is not the point at which we expect to support students in social-emotional learning and yet it can be. When we engage in assessment FOR learning, there are prime opportunities to meet students where they are by supporting their nervous systems and their academic journeys. Similarly, performance assessment allows us to continue this approach when we come to the assessment OF learning.

*Facilitator: Heather Vaughan-Southard, MAEIA*

**Feb 15**

6-7:30pm  
1.5 SCECH

Building and Maintaining a Humanized Classroom

While educators know the enduring value of trusting relationships with students, building and maintaining a humanized classroom requires us to rethink our purposes, practices, and pedagogies to ensure our classrooms exist at the intersection of equity and care. This webinar will help teachers foster imagination and purposeful action around community, hospitality, and justice.

*Facilitators: Kristal Jaaskelainen, MI / Jeff Austin, MI*

**Feb 16**

4-5:30pm  
1.5 SCECH

Partnering With Parents In Education

So many frustrated colleagues and parents battle each other on a daily basis, but ultimately we have the same goal. Educating our students-their children. However, communication tends to be the biggest barrier, which often leads to a disconnect between the two. Learn some communication techniques that work to make parents your go-to-partners in education.

*Facilitator: Jacquelyn Cunningham, MI*

**Feb 17**

6-7:30pm  
1.5 SCECH

Teach4: Endurance: The Swim Session

We've prepared for the "race" (school year) with the Warm Up session. You have developed your purpose, focused on clarity of mind and committed to releasing what doesn't add value to your life. The "race" (school year) is now on and in full force. During the Swim session, we'll focus on letting go of control, asking for help when needed and allowing ourselves to complete an honest self-reflection

*Facilitator: Brian Dalton, MI*

**Feb 22**

6-7:30pm  
1.5 SCECH

Having Difficult Conversations

Now more than ever, it is difficult for educators to have concerned conversations with administrators, parents, and students, especially when you don't have the authority of an administrative position. Learn some techniques you can use to be more empowered to manage the complex interactions educators navigate in our profession.

*Facilitator: Dr. Keith Levick, Goren and Associates*

**Feb 23**

6-8pm  
4 SCECH

Core Teaching Practices 101

This is a two-part series. In an effort to support and maintain high quality educators, the Michigan Department of Education (MDE) has adopted the "Core Practices." MEA is proud to partner with the MDE and teaching universities to help bring these trainings to you to help improve teacher practice in the classroom as well as teacher preparation programs in our state in order to drive improved student outcomes.

*Facilitator: Dr. Anthony Francis, MI*

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# The Light Of Winter Stars

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**Feb 24**

6-7:30pm  
1.5 SCECH

Teach4  
Endurance:  
The Bike  
Session

Like the stretch between Winter break and Spring break, the bike section of an Ironman event is the long and grueling. If something goes wrong during the race or your school year, it will happen here. So, it pays to look down the road a bit. Get ready for this next phase by learning about how to assess and respond to those bumps in the road.

*Facilitator: Brian Dalton, MI*

**Mar 1**

6-7:30pm  
1.5 SCECH

Teaching  
to Reduce  
Math  
Anxiety

For some students, Math is a subject to be avoided, however it doesn't have to be that way. Learn how students experience anxiety in math classrooms and identify how teacher beliefs and classroom practices impact student anxiety, as well as strategies to support anxiety reduction in your students.

*Facilitators: Colleen Stamm, MI / Desiree Harrison, MI / Carrie Heaney, MI*

**Mar 2**

6-8pm  
4 SCECH

Core  
Teaching  
Practices  
201

This is a two-part series. In an effort to support and maintain high quality educators, the Michigan Department of Education (MDE) has adopted the "Core Practices." MEA is proud to partner with the MDE and teaching universities to help bring these trainings to you to help improve teacher practice in the classroom as well as teacher preparation programs in our state in order to drive improved student outcomes.

*Facilitator: Paula Lancaster, MI*

**Mar 3**

6-7:30pm  
1.5 SCECH

Teach4  
Endurance:  
The Run  
Session

The run is the last leg of the race, and like the school year, as we approach the end of the year, we are exhausted. However, this is also where you want to be able to finish strong. Learn techniques to find those last reserves and kick to the finish!

*Facilitator: Brian Dalton, MI*

**Mar 8**

6-7:30pm  
1.5 SCECH

Utilizing Student  
Identity and  
Agency to Foster  
a Love of  
Mathematics

The idea that there are certain people who are naturally good at Math is a notion no educator would agree with, but can we do better at helping students understand they can be good at math? Learn how to relate to children's questions, interests, and lives, and build on family, community, and cultural funds of knowledge to fill the sky with new Math stars!

*Facilitators: Colleen Stamm, MI / Desiree Harrison, MI / Carrie Heaney, MI*

**Mar 9**

6-7:30pm  
1.5 SCECH

Connection Before  
Curriculum: Social  
and Emotional  
Learning for  
Students and Staff

Explore research based programs that educators can use themselves or with their students to set the tone in our schools. The idea will roughly follow Maslow's idea that we need to all feel safe to be in the proper mindset to teach and learn.

*Facilitators: Kim Stout, MT / Chrissy Waldhör, OK*

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*Facilitators: Colleen Stamm, MI / Desiree Harrison, MI / Carrie Heaney, MI*

**Mar 16**

4-5:30pm

1.5 SCECH

Untraditional  
Geology  
Field Trips

Michigan has an epic and fascinating geologic history. Some of the most amazing events in Earth's past have left their evidence in the rock record and particular landforms of our state. Learn how you can bring the science of geology into the hands of students in their very own backyard. ☒

*Facilitator: Amber Kumpf, MI*

**Mar 17**

6-7:30pm

1.5 SCECH

Teach4  
Endurance:  
The Cool  
Down  
Session

It's June and you made it to the finish line! However, there's always the next race. But before lacing up your shoes for September, it's important to not only rest, but also to reflect. Learn how to use your summer to get rejuvenated and ready to not only run the race again, but to improve your performance.

*Facilitator: Brian Dalton, MI*

**Mar 22**

6-7:30pm

1.5 SCECH

Curriculum  
Inclusivity  
in Action

Educators will engage in practical and immediate steps to assess the manner in which their curriculum is providing equitable representation to all students. May be paired with "Culturally Responsive Literature in Action" or stand alone.

*Facilitators: Elizabeth Lulis, MI / Chrissy Waldhör, OK*

**Mar 23**

4-5:30pm

1.5 SCECH

Embodiment  
(Part 2):  
Classroom  
Management For  
Modern  
Educators

Our nervous system states drive behavior as well as the stories we construct about ourselves and the people around us. This workshop provides clear, practical methods for working with students and colleagues at the lowest common denominator: how our bodies read and send signals that shape class climate, connection, communication and true community.

*Facilitator: Heather Vaughan-Southard, MAEIA*

**Mar 23**

6-7:30pm

1.5 SCECH

Culturally  
Responsive  
Literature in  
Action

Educators will engage in practical and immediate steps to assess the manner in which literature is providing equitable representation to all students. May be paired with "Curriculum Inclusivity in Action" or stand alone.

*Facilitators: Elizabeth Lulis, MI / Chrissy Waldhör, OK*

**Mar 24**

6:30-8pm

1.5 SCECH

Racing Up!  
Talking About  
Race in the  
Classroom

Talking about racial justice in public education—constructively, honestly, and openly—is difficult. We as educators must continually challenge and dismantle, piece by piece, the structures, policies and implicit biases we all have that prop up white privilege at the expense of students and families of color. To do anything less is to deny the world in which our students live, to concede that some students deserve less.

*Facilitators: Eriec Colbert, IA / Keri Roberts, WA*

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